

Corrine McIntosh Sako, Psy.D., LMFT
Licensed Psychologist (PSY31218)
Licensed Marriage and Family Therapist (LMFT43424)

1300 Ethan Way, Suite 170
Sacramento, CA 95825

corrine@drcorrinemcintosh.com

www.drcorrinemcintosh.com

916.202.1890

EDUCATION

- Psy.D., Clinical Psychology, Alliant International University – California School of Professional Psychology (APA-accredited), 2014
- M.A., Counseling Psychology, California State University, Sacramento, 2003
- B.A., Psychology, California State University, Los Angeles, 1999

LICENSURE

- California Board of Psychology – Licensed Psychologist (September 2019 – Present)
- California Board of Behavioral Sciences – Licensed Marriage and Family Therapist (July 2006 – Present)

LEADERSHIP AND ADVOCACY POSITIONS

- Chairperson, Sacramento County Mental Health Board, 2021 – Present
 - Appointed by Sacramento County District 2 Board Supervisor
- Co-Chairperson, Sacramento County Community Wellness Response Team Advisory Committee, 2022 – Present
- Member, Local Advocacy Network (LAN) Committee, California Psychological Association, 2021 - Present
- Immediate Past President, Sacramento Valley Psychological Association, 2024 - Present
- President, Sacramento Valley Psychological Association, 2022 – 2023
 - Recipient of California Psychological Association’s Outstanding Chapter of the Year Award, 2022
- Chairperson, Social Justice PolitiCorps, 2021 - Present
- Consulting/Collaborating Psychologist, Decarcerate Sacramento, 2021 – Present

COMMUNITY TRAINING, WORKSHOPS, & PRESENTATIONS

- *Advocacy, Activism, and Lobbying*. University of the Pacific, November 2023
- *Engaging in Social Justice Advocacy as a white Psychologist*. California Northstate University, October 2023
- *When Society is Your Patient: Using Psychological Science and Expertise to Improve Community Well-Being*. California Psychological Association 2023 Convention, September 2023
- *The Importance of Self-Care and Boundaries for Mental Health*. NAMI California 2023 Conference, August 2023

COMMUNITY TRAINING, WORKSHOPS, & PRESENTATIONS (continued)

- *Community Mental Health*. 1st Annual Stephon Clark Minority Mental Health Expo, July 2023
- *Engaging in Advocacy as a Psychologist*. Vantage Point Center for Psychotherapy, June 2023
- *Engaging in Advocacy as a Psychologist*. Alliant International University – California School of Professional Psychology, April 2023
- *Understanding and Treating Obsessive Compulsive Disorder*. Bridges of the Mind Psychological Services, October 2022
- *Using Your Psychology Degree to Be a Social Justice Leader*. Alliant International University, October 2022
- *Getting Vocal at the Local Level: How to Use Your Power and Privilege as a Psychology Doctoral Student to Be an Active Agent of Change in Your Community*. Sacramento Valley Psychological Association, May 2022
- *Getting Vocal at the Local Level: How to Use Your Power and Privilege as a Psychologist to Be an Active Agent of Change in Your Community*. Sacramento Valley Psychological Association, April 2022

MEDIA APPEARANCES

- *Sacramento Measure Could Make State-Licensed Professionals Pay More in Business Taxes*. KCRA3 News, 2/06/24
- *Licensed Professionals Would See Higher Taxes if Sacramento Ballot Measure Passes*. Sacramento Bee, 2/05/24
- *Helping Sacramento Reimagine Public Safety*. CRISJ Building Justice Season 3, Episode 2 Podcast, 9/17/23
- *Serenity Now: Overcoming Anxiety*. Sacramento Magazine, 4/01/23
- *'Care First, Jails Last' Policy Recommended for Incarcerated Peoples in Sacramento County*. ABC10 News, 1/12/23
- *Sacramento County Votes on Jail Expansion*. ABC10News, 12/08/22
- *Care First, Jails Last – Why a Sacramento County Mental Health Jail Annex Will Only Create More Trauma, Not Treatment*. The Davis Vanguard, 11/28/22
- *No New Sac Jail – We Need Treatment, Not Trauma*. CRISJ Building Justice Season 2, Episode 8 podcast, 11/21/22
- *Examining Deputy Response to Shooting Man Who Was Wielding Machete*. KTXL Fox40 News, 11/14/22
- *Kaiser Mental Health Workers on Strike*. KCRA3 News, 9/30/22
- *The Psychological Toll of Remote Work*. Comstock's Magazine, 4/04/22
- *Police Funding Draws Heated Debate at Sacramento City Council Meeting*. CBS13 News, 1/04/22
- *Will the Sacramento County Board of Supervisors Gives Judges the Power to Court-Order Treatment for People with Mental Illness?* The Davis Vanguard, 5/18/21
- *Care Not Cops: Demand Lawmakers Pass AB 988 – the Miles Hall Lifeline Act*. The Davis Vanguard, 5/15/21

MEDIA APPEARANCES (continued)

- *Sacramento County Considers Mental Health Crisis Response System.* KCRA3 News, 3/30/21
- *A Message from Mobilize 4 Mental Health Coalition.* BlackZebra Productions, 3/24/21
- *Sacramento County Considers a 24/7 Mental Health Crisis Response Program.* ABC10 News, 3/29/21
- *Exploring Police-Free 911 Alternatives for Mental Health Crises.* KTXL Fox40 News, 3/19/21
- *Around the Table: A Community Conversation.* BlackZebra Productions, 3/24/21
- *Can't Get Well in a Cell, No Matter How New the Building Is.* The Davis Vanguard. 3/07/21
- *De-Criminalizing Mental Illness – Providing 911 Alternatives to Individuals Experiencing a Mental Health Crisis.* The Davis Vanguard, 3/06/21
- *Sacramento Officials Consider Alternative Emergency Line for Immediate Mental Health Help.* CBS13 News, 2/23/21
- *#My911Story – Part 1.* BlackZebra Productions, 2/23/21
- *Sacramento City Council Discusses Potential Police Reforms Inspired by Protests.* CBS13 News, 7/01/20

PROFESSIONAL EXPERIENCE

Licensed Psychologist (PSY31218) and Sole Proprietor, Corrine McIntosh Sako, Psy.D., LMFT, 2019 – Present

Licensed Marriage and Family Therapist (LMFT43424) and Sole Proprietor, Corrine B. McIntosh, LMFT, 2006 – 2019

- Provide assessment and psychotherapy services in-person and via telehealth to individuals age 18 years and older presenting with a range of issues, from situational stressors to severe mental health concerns.
- Conduct psychological evaluations of ovum donor and gestational carrier candidates for a local fertility medical center.
- Specialized training in treating anxiety disorders using cognitive behavioral therapy, include exposure and response prevention therapy.
- Managed care provider of multiple insurance companies and employee assistance programs (EAP), including Magellan Behavioral Health and Optum Behavioral Health.
- Responsible for all marketing, scheduling, billing, and collection procedures.

Registered Psychological Assistant (PSB94020534), Midtown Psychological Services, 2014 – 2015

- Supervisor: Caryn Banqué, Psy.D.
- Administered, scored, and interpreted psychometric batteries including the WAIS-IV, MMPI-2, MCMI-III, WISC-IV, Trails, Bender-Gestalt, WIAT-II, etc.

PROFESSIONAL EXPERIENCE (continued)

- Formulated a psychological profile and produced a written report explaining the tests, evaluation, and results.
- Met with clients to present findings.

Predoctoral Psychology Intern, Anxiety Treatment Center, 2012 – 2014

- Supervisor: Robin Zasio, Psy.D., LCSW
- Completed structured clinical intakes and provided psychotherapy services to individuals with a primary diagnosis of Obsessive Compulsive Disorder, Panic Disorder, Generalized Anxiety Disorder, and other anxiety disorders.
- Services provided in an intensive outpatient treatment setting, and method of treatment was cognitive behavioral therapy with a focus on exposure and response prevention therapy.
- Therapy format included individual, couples, family, and group treatment.
- Completed admission and discharge paperwork including assessments, utilization of treatment reviews for insurance purposes, and consulted with other professionals involved in each patients' care.
- Participated in individual and group supervision.

Psychological Trainee, Sacramento Assessment Center, 2007

- Supervisors: Paul Jenkins, Psy.D. and Mark Conroy, Ed.D., LCSW
- Practicum Focus: Psychological Assessment, Forensic Assessment, Adolescent Inpatient.
- Conducted psychological and forensic evaluations for adolescents referred from adolescents referred from California Department of Probation.
- Administered and interpreted projective personality testing.
- Presented criminality, psychological, and social attachment evaluation results and discussed diagnostic formulations and placement recommendations as part of a multi-disciplinary team consisting of psychiatrists, school psychologists, probation officers, pediatricians, and social workers.
- Completed all agency-required billing and documentation for Sacramento County Medi-Cal.
- Participated in individual and group supervision.

Psychological Trainee, Catholic Social Services, 2006

- Supervisor: Alison Buckley, LCSW
- Practicum Focus: Child/Adult Outpatient Psychotherapy
- Conducted structured clinical intakes and provided psychotherapy to a diverse clientele diagnosed with depression, anxiety, substance abuse, and other mood and/or personality disorders.
- Therapy format included individual, couples, and family.
- Completed all agency-required billing and documentation for Sacramento County Medi-Cal.
- Participated in individual and group supervision.

PROFESSIONAL EXPERIENCE (continued)

Psychological Trainee, Valley Psychological Services, 2005

- Supervisor: Travis Owens, Psy.D.
- Practicum Focus: Psychological Assessment
- Conducted comprehensive psychological evaluations to adults referred by California Department of Social Services for purposes of determining eligibility for social security disability benefits.
- Participated in individual supervision.

Marriage and Family Therapist Intern, Sierra Adoption Services – Adoptive Family Resource Center, 2003 – 2006

- Supervisors: Bryan Shragge, LCSW and Debra Dworaczyk, LCSW
- Provided individual, couples, family, and play therapy primarily to foster/adoptive youth with emotional and behavioral problems secondary to histories of abuse, neglect, and/or multiple placements in the child welfare system.
- Provided training and supervision to clinical staff in Parent-Child Interaction Therapy (PCIT).
- Conducted semi-structured assessments of caregiver-child interactions and made treatment recommendations.
- Provided assessment, diagnosis, treatment plans, and progress notes for each client.
- Developed and facilitated social skills group and a conflict resolution group with children ages 7 – 10.
- Provided consultation to agency social workers and made recommendations for interventions.
- Conducted clinical staff trainings and community seminars.
- Participated in monthly interdisciplinary meetings.
- Provided services to approximately 22 individual clients on a weekly basis
- Participated in individual and group supervision.

Marriage and Family Therapist Trainee, Catholic Social Services, 2003

- Supervisor: Lori Lussier, LCSW
- Provided individual, couples, and family therapy primarily to low-income clients diagnosed with depression, anxiety, and other mood and/or personality disorders.
- Participated in individual and group supervision.

Marriage and Family Therapist Trainee, CSU, Sacramento – Psychological Counseling Services Center, 2002 – 2003

- Supervisor: Michael Duveneck, Ph.D. and Lee Berrigan, Ph.D.
- Provided individual, couples, and family therapy primarily to low-income clients diagnosed with depression, anxiety, and other mood and/or personality disorders.
- Participated in individual and group supervision.

SUPERVISION AND TEACHING EXPERIENCE

Student Supervisor, Alliant International University – California School of Professional Psychology, 2006 – 2007

- Supervisor: Suni Petersen, Ph.D.
- Provided weekly individual supervision to a first-year clinical psychology graduate student.
- Student was in first year practicum placement at local middle school.

Graduate Teaching Associate, California State University, Sacramento, 2003

- Foundations of Psychological Research undergraduate course
- Supervisor: Lisa Bohon, Ph.D.
- Facilitated a weekly three-hour lab class.
- Provided advising and tutoring.
- Held weekly office hours.
- Performed evaluation and grading of undergraduate research to psychology students.

RESEARCH EXPERIENCE

Doctoral Dissertation, “Potential Clients’ Attitudes About the Use of Therapist Self-Disclosure Based on Therapist Sex and Focus of Treatment,” 2009

- Alliant International University – California School of Professional Psychology
- Dissertation Advisor: Beth Limberg, Ph.D., RPT-S

Masters Thesis, “To Tell or Not to Tell: Perceptions of Therapist Disclosure of a Mental Health History,” 2003

- California State University, Sacramento
- Thesis Committee: Lisa Bohon, Ph.D. (Chair), Marya Endriga, Ph.D., Michael Duveneck, Ph.D.

Research Assistant to Pamela C. Regan, Ph.D., California State University, Los Angeles, 1999

- Assisted in development of a variety of person perception experiments and descriptive studies in the area of interpersonal attraction.
- Designed and critiqued experimental procedures and measures.
- Conducted literature reviews.
- Participated in weekly lab meetings.

RELEVANT EMPLOYMENT EXPERIENCE

Mental Health Assistant, BHC Sierra Vista Hospital, 2001 - 2002

- Functioned as an active part of the treatment team by providing continuous patient care, supervision, interaction, and role-modeling to youth ages 13 – 17 in acute inpatient psychiatric hospital.
- Assisted with milieu management including 1:1 assignments and patient round checks.
- Facilitated daily programs including therapy groups and classes.

RELEVANT EMPLOYMENT EXPERIENCE (continued)

Practice Manager, Dr. David and Renée Linder, LCSW and Associates, 1999 – 2001

- Managed the overall administration of an independent, outpatient child, adolescent, adult, and forensic psychiatrist and licensed clinical social worker.
- Interacted with adults and youth diagnosed with a variety of psychiatric disorders including depression, anxiety, bipolar and/or other mood disorders, and personality disorders.
- Responsible for financial accounts analysis, patient billing, insurance billing, contracting, accounts receivable, and data system maintenance.
- Experience with DSM-IV classification, clinical assessment, medication use, patient triage and psychiatric admission, and other aspects of clinical diagnosis and treatment.

PROFESSIONAL AFFILIATIONS

- Member, American Psychological Association (APA)
- Member, National Union of Healthcare Workers (NUHW) – Behavioral Health Associate Member (BHAM)
- Member, California Psychological Association (CPA)
- Member, Sacramento Valley Psychological Association

AWARDS

- Board Member of the Year, 2021, Sacramento Valley Psychological Association
- Phi Kappa Phi Honor Society, 2003
- Golden Key National Honor Society, 1999
- National Dean's List, 1999